



Hamilton Township School District

Committed to Learning, Growing and Achieving Together.

Virtual Strengthening Families Program

For Families with Children Ages 6 to 11

The Strengthening Families Program is a youth, parent, and family skills building curriculum designed to positively impact a child's behavior, strengthen parenting skills and enhance family strengths. This program will be presented in a virtual meeting format, with separate meeting times for youth and parents. One computer device is needed per family in order to participate. Space is limited! Registration is first come first served.

Priority will be given to families who have not previously participated in the program.

[Register Here](#)

The program will be done from the comfort of your own home.

Enjoy a night off from cooking; meals will be made available for pick-up at the William Davies Middle school the week prior to each session.

Valuable incentives (Supported by the Hamilton Township Education Association) offered to families who meet attendance milestones.

****SESSIONS WILL BE HELD ONCE A WEEK ON WEDNESDAYS FOR 2 HOURS.***

<u>Youth Sessions</u>	<u>Parent Sessions</u>	<u>Family Sessions</u>
Developing Good Social Skills Appreciating Parents Dealing with Stress Creating Good Behaviors Following Rules Setting & Achieving Goals Handling Peer Pressure Handling Conflict Building Coping Skills	Showing Love & Setting Limits Developing Good Communication Developmental Expectations Handling Stress Rewards & Encouraging Good Behavior Behavioral Goals and Objectives Positive Behavioral Tools Using Community Resources Communicating When You Don't Agree	Supporting Goals and Dreams Appreciating Family Members Using Family Meetings Understanding Family Values Building Family Communication Reaching Our Goals Understanding Each Other Understanding Family Rules Using Family Strengths

Families are encouraged to participate in the full 12 week program.

Program Begins: Wednesday February 17, 2021 Virtually via Google Meets at: **5:30 pm to 7:30 pm.**

Continuing on: 2/24, 3/3, 3/10, 3/17, 3/24, 3/31, 4/14, 4/21, 4/28 5/5, and ends on 5/12

There is no session on 4/7/2021 during our Spring Break

Questions or concerns, please contact Mr. Jeff Wellington @ 609-476-6258 OR by email @ wellingtonj@hamiltonschools.org

Registration is only accepted through the "REGISTER HERE" link found above.