

Strengthening Families Program - Free!

If you have a child ages, 6-11 and desire closer family bonds - SIGN UP for the Strengthening Families Program (SFP)!

Strengthening Families is based on a nationally recognized program found to strengthen family bonds between parents and children who attend the program together.

Parents and children attending the program in the past report learning about

- Improved parent-child communication during different stages of child development.
- Improved family communication through the effective use of family meetings and discussions.
- How to deal with everyday issues that all families experience through interactive discussion with trained SFP facilitators.
- How to help children communicate their feelings.
- How to positively reinforce the unique traits and characteristics of the family as a single unit.



6 to 11 age group - 12 Sessions

*Beginning Tuesday 2-16-2016 through Tuesday 5-17-2016
No meeting on Tuesday, March 22, 2016 or March 29, 2016*

Location: Hess School

Time: 5:30pm To 7:30pm

2 hrs. once a week

***Contact: Jeff Wellington (609) 476-6258 by
February 10, 2016 to express interest and register .
Seating is limited, please call early.***

- ◆ Sit down “**Family Meal**” before every session - no need to cook the night of the family meetings.
- ◆ Child care available for children 5 and under
- ◆ Valuable gift cards
- ◆ Raffles and give away prizes
- ◆ Weekly prizes for youth

This is a Free Program!